



Press Release

AdvancingWellness announces appointment of Vice President Client Services

Watertown, MA – May 20, 2009 – AdvancingWellness announced today that Janet Dyroff has joined the firm in the position of Vice President, Client Services.

As Vice President of Client Services, Janet blends her knowledge of business, health care, health promotion, wellness programming, and health and wellness coaching into a whole person approach of program development. Janet has held various roles as a trainer and healthcare professional over the past 30 years, including training and development specialist for Bath Iron Works, then a 12,000 employee corporation; American Nurse Credentialing Center registered nurse for Keller Army Hospital at West Point Military Academy; and most recently as a health coach and staff educator for Health Dialog, Inc.

Janet holds a Bachelor Degree in Nursing from St. Joseph's College of Maine, and a Masters in Health Promotion from Nebraska Methodist College. She is a certified Worksite Wellness Program Manager and a Certified Health Education Specialist. Janet is also trained as a Wellcoaches health and wellness coach in preparation for her final certification.

“We are delighted to having Janet join the firm and know that our clients will benefit from the breadth of knowledge and experience in the field of health promotion she brings.” said Mari Ryan, CEO of AdvancingWellness.

About AdvancingWellness

AdvancingWellness provides worksite wellness programs. Based in the Boston, Massachusetts area, AdvancingWellness offers services that create comprehensive worksite wellness programs that include education and awareness, behavior change programs and creating a supportive work environment. Clients of AdvancingWellness include the Commonwealth of Massachusetts Department of Public Health, Boston Public Health Commission and numerous small and medium size companies. Additional information is available at the AdvancingWellness website at www.advwellness.com.

Contact:

Mari Ryan

617-921-0784

info@advwellness.com

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