

Mari Ryan

MBA, MHP, CWP

Creating Workplaces Where Employees Thrive



Attract, Engage & Retain Employees

Talent management is a challenge for many organizations. Attracting, engaging and retaining employees is essential to achieving your business objectives.

Happy, Healthy Employees

Research from Gallup demonstrates a direct connection between well-being and employee engagement. Thriving employees are more likely to stay and be more productive.

Contribute to the Bottom Line

Organizations with comprehensive, strategic well-being programs outperform their peers, contributing to the bottom line.

Watch Mari in Action

<https://bit.ly/2zmj6M1>



About Mari

Speaker, award-winning author and consultant Mari Ryan is a workplace well-being strategist guiding organizations to create people-centric workplaces where both the employees and the organization thrive. Mari founded AdvancingWellness in 2006 to create workplaces where employees well-being is a cornerstone of the employee experience.

During her extensive business career, Mari has worked with businesses of all sizes from start-ups to global powerhouses such as Microsoft, Morgan Stanley, Hewlett Packard, and Northrup Grumman. She brings a wealth of experience and expertise.

Mari holds a Bachelor Degree from Lesley University, an MBA from Boston University, and a Masters in Health Promotion from Nebraska Methodist College. She is a certified Worksite Wellness Program Consultant and is a certified facilitator in a number of evidence-based behavior change programs.

Mari is the author of award-winning book *The Thriving Hive: How People-Centric Workplaces Ignite Engagement and Fuel Results*. Available on Amazon.

Popular Talks

Creating A Thriving Hive: How People Centric Workplaces Ignite Performance and Fuel Results

A thriving workplace is one in which employees feel connected to the purpose and mission of the organization and can contribute in meaningful ways. What does it take to create a thriving workplace that attracts top talent, and engages and retains the workforce?

Well-being As a Talent Management Strategy

Effective talent management is essential to business success. If you can't attract the right people, you can't meet your business objectives. Once you attract them, they need to be happy, productive, and stay with your organization; or you can't meet your business objectives.

How to Make It Cool To Be Healthy

Everyone wants to be cool. Especially at work! But how do you engage employees and make it cool to be healthy at work?

Popular Workshops

The Workplace of the Future

The workplace of the future will be different than it is today. But just how different will it be? Today the lines between work and life are increasingly blurring. In this interactive ideation session participants play the role of futurist to design the workplace of the future, with employee wellbeing as a foundational element.

What Clients Say

Mari is a seasoned veteran, and anytime she's speaking I jump at the chance to hear her talk. I take what I learn right back to my job and apply it, and I go with a smile. So, every time she presents it's amazing.

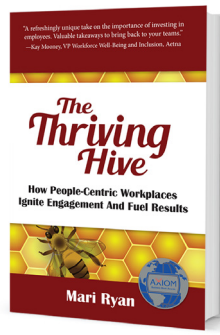
— Deb Smolesky, NFP

Mari was a pleasure to work with. Her professionalism throughout the event planning process was apparent, and her stage presence was magnetic. We are thrilled to consider Mari part of the Design Museum community.

— Catalina Rojo lanetta
Boston Design Museum

Mari Ryan spoke at our gathering of our Wellness Council, a group made up of 30 influential leaders across 18 companies under the Steel Partners umbrella. Mari engaged our team through an excellent blend of practicality, creativity, and fun. Her ability to create genuine relationships with others is an incredible strength in a speaker. I wouldn't hesitate to work with Mari again for any project our Wellness Council is working towards.

— Laura Ingalls
Steel Partners



Award-Winning Book

The Thriving Hive: How People-Centric Workplaces Ignite Engagement and Fuel Results

Winner 2019 Axiom Business Book Award

The Thriving Hive is a simple, yet insightful story about a company CEO whose organization is no longer attracting and retaining the kinds of employees the organization needs to remain competitive and keep their customers happy.

The story, replete with interesting characters, takes you on a journey as the bees in two hives experience hive-threatening situations and shows how each hive prepares for and deals with adversity. This business parable is a quick read for anyone who wants guidance for creating a culture of well-being, purpose, vitality, and satisfaction, for an all-encompassing employee experience

The Buzz About The Thriving Hive

A refreshingly unique take on the importance of investing in employees. Valuable takeaways to bring back to your teams.

— Kay Mooney, Vice President Workforce Well-being and Inclusion, Aetna

The Thriving Hive is for corporate wellness what *Who Moved My Cheese* is for organizational change. Ryan's parable style is engaging and her story goes straight to the point. When leaders care about their employees and give them autonomy and purpose, they thrive. This book is a fast read and the perfect tool to help executives, managers and employees better understand what it really means to work in a healthy workplace.

— Leigh Stringer, Author, *The Healthy Workplace How to Improve the Well-being of Your Employees and Boost Your Company's Bottom Line*

Sample Speaking Clients



Learn More About
Engaging Mari For
Your Next Meeting

To discuss availability, fees and fit
for your event, contact Mari at:

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